

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

Prospect House Reflections



10:30 sit & be fit 11:00 Express Yourself/make cards for mailman 12:00 Lunch 1:00 walking club 2:00 Sunday MASS TR 3:15 Super bowl Party 4:00 Table Games 7:00 Sunday Classic	10:30 tai chi 10:30 Name that Love song 11:15 Walking Club 1:15 Manicures/hand massages 2:00 By the fireplace: Stories 3:15 Afternoon Social 4:00 categories 7:00 A Comedy "snickers Day"	10:00 This day in history 10:30 Pet therapy with Toby 11:15 Movement Group w/ Han 1:15 Reminiscing/walking 2:00 Chinese new year craft 3:15 Celebrate Chinese New year 4:00 Card Games 7:00 Movie night <small>Chinese New Year</small>	10:00 Daily Chronicles 10:30 Poetry Readings 11:15 Movement Group w/Tori 1:15 Play on Words 2:00 Mandalas 2:30 Celebrate Zsa Zsa Day 3:15 Social Hot coca 4:00 Table Games 7:00 A Classic	10:00 This day in history 10:30 Memories 11:15 Movement Therapy 1:15 Crafter's corner 2:00 What's in the Book? 2:30 Magical Movement TR 3:15 Afternoon Social "The Dickens you say" 4:00 Bingo	10:30 dancercise 11:00 Rosary 11:30 Walking Club 1:00 By the fireplace 2:00 Creative Arts 3:30 Cheese & cracker Social 4:00 Sing-a-longs 7:00 Clark Gable Movie	10:30 Exercise 10:30 make cards for mailman 11:30 Walking Club 1:15 Name that Love Song 2:00 Baking 3:15 Afternoon social/ fun facts about groundhog day 4:00 BINGO 7:00 Evening Movie <small>Groundhog Day</small>
10:30 Stretch & refresh 11:00 Express Yourself 1:30 Walking Club 2:00 Sunday MASS TR 3:15 Afternoon Social 4:00 Table Games 7:00 Grammy Awards "Start of random acts of Kindness"	10:30 Yoga 10:30 Name that tune 11:15 Walking Club 1:15 Spa time /what's cooking? Reminence about Julia Childs 2:00 By the fireplace: Book Club 3:15 Afternoon Social 4:00 Chicken soup for the soul 7:00 A Comedy	10:00 Rosary 11:15 Movement Group w/Han 1:15 Reminiscing: Fun facts about Abe Lincoln/ Bake cookies 2:00 Trip: deliver Cookies to Police station 3:30 AfternoonTea 7:00 Movie Night	10:00 Daily Chronicles 10:30 Tell Me something good 11:15 Movement Group w/Tori 1:15 Flexing the brain 2:00 Painting Hearts 2:30 Jokes and riddles 3:15 Afternoon Social Hot coco 4:00 name that tune 7:00 A Classic	10:00 On this day 10:30 Memories 11:15 Movement Therapy 1:15 Crafter's corner: Valentine's Day cards 2:00 Finish the line? 2:30 Valentine's Day Party TR 3:15 Afternoon Social 4:00 Bingo <small>Valentine's Day</small>	10:30 dancercise 11:30 Trivia 12:00 Lunch 1:00 walking club 1:30 Creative Arts 2:30 Jimmy Celona performsTR 3:30 Cheese & crackers Social 4:00 Sing-a-longs 6:30 Family Feud	10:00 Daily chronicles 10:30 Bowling Tournament 11:30 Walking Club 1:15 walking club 2:00 Movie matinee/Jewelry 3:15 Afternoon social 4:00 BINGO 7:00 Evening Movie
10:30 Ring Toss 11:00 Express Yourself 1:00 Walking Club 1:30 "it's a cat meow day" 2:00 Sunday MASS TR 3:15 Afternoon Social 4:00 Table Games 7:00 Sunday Classic	10:30 Tai Chi 11:00 Riddles 11:15 Walking Club 1:15 manicures/hand massages 2:00 By the fireplace 2:30 Celebrate the Presidents 3:15 Afternoon Social 4:00 Play on words 7:00 A Comedy <small>Presidents' Day (US)</small>	10:00 Short stories 10:30 Pet therapy with Toby 11:15 Movement Group w/ Han 12:00 Lunch 1:15 Reminiscing "First Ladies" 2: 30 Mark Tavenner performs 3:15 Afternoon Tea 4:00 Card Games 7:00 Movie Night	10:00 Stay positive 10:30 Inspirational Stories 11:15 Movement Group w/ Tori 1:30 Chef's presentation 2:30 Rockaholics Perform 3:30 Afternoon Social 4:00 Trivia 7:00 A Classic	9:45 Blood pressure Clinic 10:30 Memories 11:15 Movement Therapy 1:15 Crafter's corner 2:00 What's in the Book? 2:30 Laughter as medicine 3:15 Afternoon Social 4:00 Bingo 7:00 Evening Movie	10:30 Dancercise 11:30 Rosary 12:00 Lunch 1:15 Walking Club 1:30 By the fireplace 2:00 Creative arts 3:30 Cheese & crackers Social 4:00 Sing-a-longs 6:30 Family Feud	10:00 news & views 10:30 Morning stretch 11:30 Walking Club 1:15 Girls scouts cookie day/History of girls scouts 2:00 Jewelry Making 3:15 Afternoon social 4:00 BINGO 7:00 Evening Movie
10:30 Sit & Fit 11:00 Express Yourself 1:30 Walking Club 2:00 Sunday MASS TR 3:15 Afternoon Social" fun facts about the Oscars 4:00 Table Games 7:00 Oscars	10:30 yoga 11:00 What's cooking? 11:15 Walking Club 1:15 Spa time /Manicures 2:00 By the fireplace: short stories 2:30 Pizza & Movie TR 3:15 Afternoon Social 4:00 Puzzles	10:00 "Tell me something good" 11:15 Movement Group w/Han 12:00 Lunch 1:15 Reminiscing "Grand Canyon" 2:00 Name that tune 3:15 Afternoon Tea 4:00 Card Games/Bingo 7:00 Movie Night	10:00 The daily news 10:30 Inspirational Quotes 11:15 Movement Group w/ Tori 1:30 Trip Scenic excursion 2:30 Singing Trooper performs 3:15 Afternoon Social 4:00 Table Games 7:00 A Classic	10:00 News and Views 10:30 Memories 11:15 Movement Therapy 1:15 Crafter's corner 2:00 Who said it? 2:30 Resident Birthday partyTR 3:15 Afternoon Social 4:00 Bingo 7:00 Evening Movie	Happy Birthday Mary Day! 2/2	

